



college recruiting process and guidelines

August 30th of sophomore year and prior - The only materials that can be sent to recruits before September 1st of their junior year is a questionnaire, a camp brochure and a letter with the questionnaire telling the recruit that a school wants to start a file on them. The letter must state the NCAA rules about correspondence. There can not be any recruiting information about the volleyball program. An athlete may fill out the questionnaire and send it back to the school. If younger players want to get started learning about programs, they can call the schools and visit them on unofficial visits as much as they like. If they call a school and leave a message, the coaches can't call them back unless it is after July 1 prior to their senior year.

What should you be doing at this point:

- **Research!** Start familiarizing yourself with different schools and thinking about what you want out of your college career. What are your priorities when it comes to selecting a school, etc.
- **Utilize the online resources** to help educate yourself about the process.
- **Register with University Athlete and Rick Kern**
- **Make a contact.** If you are very interested in a particular school and believe you would be a good fit with the program – athletically, send them an email to introduce yourself and send them your club schedule.
- **Attend some college camps in the summer.** This is a great opportunity to stay on campus and interact with the program's staff and players.

September 1st of junior year through June 30th after junior year - After Sept. 1, college coaches can correspond with juniors as much as they like, this includes e-mails and faxes. There can not be any contacts made with the recruit or their parents until July 1 before their senior year unless the recruit calls the college coach on their own dime or they visit the campus on an unofficial visit. Unofficial visits to a college campus do not count as a contact. The recruits can make as many as they want. Recruits should register with NCAA Clearinghouse via their school counselors during junior year.

What should you be doing at this point:

- Same as above, plus:
- Organize your list of interested schools and contacts to help you keep track of it all.
- Send out emails and/or call the coaches of schools that you are interested in!
- Build a highlight film. Something as simple as 2-3 mins of high quality game footage, that showcases your strength. This can easily be put on you tube – no dvds required!

July 1st before senior year and after – After July 1, college coaches can make contacts. Colleges only have 3 contacts with parents and the recruit. College coaches can use a contact with the parents at a tournament but must wait until after the tournament to speak with the recruit. College coaches can make phone calls to recruits on and after July 1 before their senior year. Only one phone call per week can be made to a recruit, the week begins on Sunday. Unofficial visits to a college campus do not count as a contact. Official visits can not be made until the first school day of the recruit's senior year